

National Council for Behavioral Health operates Mental Health First Aid in the USA. The National Council for Behavioral Health and the Missouri Department of Mental Health founded Mental Health First Aid USA.

**Sara Cobb**

has completed the course and is now certified in

**Adult**  
**Mental Health First Aid**  
**USA**

and has been trained to provide initial help to someone experiencing a mental health or substance use challenge.



**Chuck Ingoglia**  
President & CEO  
National Council for Behavioral Health

*This course is eligible for 7.5 contact hours  
of continuing education credit.*



**MENTAL  
HEALTH  
FIRST AID**

This certificate became  
**effective** on:

3/22/2021

Date

This certificate **expires**:

3 yr from effective date

Date